



Langebaan Country Estate CATERING MENU 2018

BREAKFAST MENU

Hot Breakfast

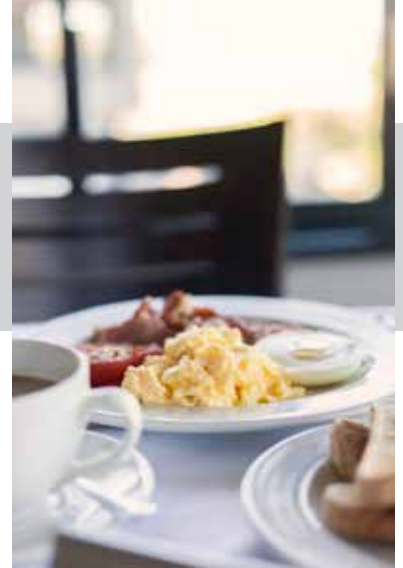
- Scrambled Eggs, Boerewors / Mince / Chicken Livers & Bacon, Mushrooms / Baked Beans / Potatoes, Fried Tomato & Toast
- Coffee, Tea & Juice

Continental Breakfast

- 3 x Cereals, 2 x Yoghurts & Fruit Salad
- Cold Meats, Cheeses & Biscuits
- Muffins & Mini Croissants / Pancakes & Scones, Served with Butter & Jam
- Coffee, Tea & Juice

Full Combined Breakfast

- Scrambled Eggs, Boerewors / Mince / Chicken Livers & Bacon, Mushrooms / Baked Beans / Potatoes, Fried Tomato & Toast
- 3 x Cereals, 2 x Yoghurts & Fruit Salad
- Cold Meats, Cheeses & Biscuits
- Muffins & Mini Croissants / Pancakes & Scones, Served with Butter & Jam
- Coffee, Tea & Juice





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LUNCH MENU

Lasagne

Italian Beef Lasagne served with a Chef's Salad

Chicken Fillet

Basted Chicken Fillet Served with Potato Wedges or a Chef's Salad

Catch of the Day

Grilled Catch of the Day Served with a Choice of Savoury Rice, Potato Wedges or a Chef's Salad & Tartar Sauce

Calamari

Succulent Deep fried Calamari Served with Savoury Rice or a Chef's Salad and Tartar Sauce

Chicken Pie

Homemade Chicken Pie Served with a Chef's Salad & Homemade Gravy

Steak Roll

Prime Steak Roll Served with Crispy Wedges or Chef's Salad

Chicken Schnitzel

Gourmet Chicken Schnitzel served with Potato Wedges & a Fresh Garden Salad

Pork Ribs

Sticky Pork Ribs served with Crispy Chips & a Mixed Salad

Beef Tortillas

Mexican Beef served with Tortillas, Mash & Salad

Chef's Salad Options:

Greek Salad / Waldorf Salad / Broccoli Salad / Coleslaw Salad
Carrot & Pineapple Salad / Beetroot Salad / Three Bean Salad
Potato Salad / Pasta Salad



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Lunch Menu (continued)

Vegetarian Options

Vegetable Stir-Fry

Vegetable Stir-Fry with Egg Noodle Pasta, Flavoured with Soya & Oyster Sauce

Vegetable Lasagne

Homemade Vegetable Lasagne Served with a Side Salad

Vegetable Wrap

Pan-Fried Vegetable Wrap with Hummus & Tzatziki

Gluten Free Options

Pan-fried Fish

Pan-fried Fish Served with Baked Sweet Potato & Broccoli

Chicken Breast

Oven-Baked Chicken Breast Served with a Side Salad, Carrots & Beans

Vegan Options Available on Request



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BRAAI MENU

LCE Braai (Minimum 20 pax)

- Karoo Lamb Chop
- Farmstyle Boerewors
- Chicken Piece
- Freshly Baked Breads
- Baby Garlic Potatoes
- Garden Salad
- Side Serving of Feta, Olives & Croutons

West Coast Braai (Minimum 20 pax)

- Crumbed Calamari
- Creamy Mussels in White Wine Sauce
- Catch of the Day
- Sweet Potatoes
- Freshly Baked Breads
- 2 Fresh Salads

Spit Braai (Minimum 30 pax)

- Lamb Spit
- Choice of 2 Salads
- Choice of 2 Veggies
- Freshly Baked Breads
- Baby Potatoes
- Dessert



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SPECIAL OCCASION MENU

Buffet Style

This menu can be designed to suit your individual needs & budget. Send your choices and number of guests for your menu costing.

Starters

Fresh variety of breads on the tables

- Homemade Soup
- West Coast Mussels in a Creamy Sauce
- Smoked Salmon Pancakes
- Crabstick Salad
- Classic Prawn Cocktail
- Pates, Preserves, Fresh Bread & Biscuits
- Goats Cheese Salad

Mains

Roast Meat Options

- Lamb with Mint Sauce
- Beef with Gravy
- Chicken with Rosemary
- Pork with Crackling

Starch Options

- Plain Rice
- Savoury Rice
- Couscous
- Roast Potatoes
- Potato Wedges
- Garlic Baby Potatoes



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Mains (continued)

Salad Options

- Garden Salad
- Greek Salad
- Waldorf Salad
- Three Bean Salad
- Potato Salad
- Pasta Salad

Vegetable Options

- Roast Seasonal Vegetables
- Stir Fry Vegetables
- Mixed Seasonal Vegetables in White Sauce
- Cauliflower & Broccoli in White Sauce
- Creamed Spinach
- Pumpkin Fritters
- Brussel Sprouts
- Sweet Potato

Desserts

- Malva Pudding Served with Custard
- Baked Chocolate Pudding Served with Fresh Cream
- Seasonal Cheese Cake
- Peppermint Crisp Tart
- Mousse (Chocolate, Vanilla or Strawberry)
- Ice Cream & Chocolate Sauce / Fresh Fruit
- Sweet Platter: Mini Milk Tart, Mini Peppermint Crisp Tart, Mini Lamingtons & Mini Eclairs

Hot Beverages

- Coffee
- Tea





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SNACK PLATTERS

Savoury Menu

- Mini Vegetable Quiches
- Mini Chicken Pies
- Mini BBQ Pork Ribs
- Mini Mince Pies
- Sausage Rolls
- Filled Eggs
- Beef or Chicken Samosas
- Vegetable or Beef Springrolls
- Chicken Wings
- Smoked Salmon & Cream Cheese Canapés
- Ostrich Carpaccio, Pesto & Feta Canapés
- Mozzarella, Tomato & Basil Skewers

Sweet Menu

- Mini Chocolate Brownies
- Mini Peppermint Crips Tarts
- Mini Milk Tarts
- Mini Éclairs
- Mini Chocolate Croissants
- Mini Danishes
- Mini Scones
- Mini Muffins
- Mini Fruit Skewers



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